



NATIONAL  
**VETERANS**  
GOLDEN AGE GAMES



**Sunday, July 10, 2016**

## **WELCOME TO DETROIT!**

Dear Veteran Athletes,

On behalf of the Detroit VA Healthcare System staff, I want to welcome you to the 30th National Veterans Golden Age Games in Detroit!

We are honored to have been chosen by VA as the host city for the 2016 Games. As all of you who have participated know, the Games promote health, wellness and fitness, along with encouraging community and unity among Veterans. This is such a special and unique week and I hope you enjoy your time!

In addition to the events associated with the Games, I hope you get to experience a few things our great city has to offer.

Detroit is a region filled with energy and history! Enjoy it! Feel free to ask any of our staff and volunteers for assistance in finding your way.

My leadership team and I are excited to meet all of you, and we wish you the best of luck in your events!

Enjoy the Games and enjoy Detroit!

Pamela Reeves, MD

Medical Center Director



### **Parade of Athletes**

Monday, July 11, 2016, 7:00 pm.

Marriott Renaissance

Ballroom

Marriott Ren Cen

### **VCS Bingo Night**

Wednesday, July 13, 2016

7:00 p.m.

Marriott Renaissance

Ballroom

Marriott Ren Cen

### **VICTORY CELEBRATION!**

Thursday, July 14, 2016

7:00 p.m.

Marriott Renaissance

Ballroom

Marriott Ren Cen



### **Hundreds of Staff and Volunteers Set to Welcome 30th National Veterans Golden Age Games Participants**

There were some late nights and early mornings, but each member of the Detroit VA team can agree that preparing for the 30th National Veterans Golden Age Games was an experience no one will soon forget!

The schedule for Day One is packed, with the Health and Wellness Expo taking place, 8 a.m.—8 p.m. in Cobo Hall B. THREE exhibition events will also take place in Hall B, Rowing, PickleBall and Basketball!

Enjoy this kick-off to the Games!



*“Planning these Games has been so rewarding and so much fun for our Detroit VA team and the community! We can’t wait for the Veterans to arrive in our great city!”*

*Lisa Olney, Public Affairs  
Officer, Detroit VA*

## 2016 NVGAG Schedule of Events

**Sunday, July 10th**  
**REGISTRATION/**  
**Health & Wellness**  
**Expo:**  
 Cobo Hall B  
 8 AM-8 PM  
**Exhibition Basketball,**  
**PickleBall, Rowing:**  
 Cobo Hall B  
 8 AM-5 PM  
**Athletes Meeting:**  
 Cobo Rm 330 A & B  
 5 PM-6 PM  
**Coaches Meeting:**  
 Cobo Rm 330 A & B  
 7 PM-8 PM

**Athlete Meals**

**Breakfast,**  
 Monday—Thursday,  
 5:30—8:00 a.m.,  
 Marriott Ren Cen  
 Renaissance  
 Ballroom

**Lunch, Dinner,** Use  
 your Debit Card  
 provided at  
 registration!

**Medical Suites:**  
 Area outside of Cobo  
 Halls A & B

**Command Center,**  
**Lost and Found:**  
 Cobo Center, Room  
 314, Motor City Room

**TEAM**  
**MOTOWN**  
 welcomes you  
 to our  
 hometown!  
 Best of luck to  
 all of our  
 fellow  
 participants!



**Monday, July 11th**  
**Air Rifle**  
 Cobo Rm 310 A & B  
 7 AM-10 AM, 10:30 AM-  
 12:30 AM, 2 PM-5 PM  
**Horseshoes W/C & VI**  
 Cobo Hall A  
 7 AM-11 AM: 55-59, 60-64,  
 65-69  
 1 PM-5 PM: 85+, 80-84, 75  
 -79, 70-74  
**Nineball AMB**  
 Cobo Hall A  
 7 AM-11 AM: 85+, 80-84  
 1 PM-5 PM: 70-74  
**Table Tennis AMB**  
 Cobo Hall B  
 7 AM-11 AM: 85+, 80-84  
 1 PM-5 PM: 75-79  
**Shuffleboard W/C & VI**  
 Cobo Hall A  
 7 AM-11 AM: 85+, 80-84,  
 75-79, 70-74  
 1 PM-5 PM:  
**Golf**  
 Lakes of Taylor  
 8 AM-3 PM: All Ages  
**Health & Wellness**  
**Session**  
 Cobo Rm 321  
 9 AM-11 PM  
 2 PM-4 PM  
**Boccia AMB**  
 Cobo Hall B  
 1 PM-5 PM  
 Single/Double 60-64  
**PARADE of Athletes**  
 Renaissance Ballroom,  
 Marriott Ren Cen  
 7 PM

**Tuesday, July 12th**  
**Air Rifle**  
 Cobo Rm 310 A & B  
 7 AM-10 AM, 10:30 AM-  
 12:30 AM, 2 PM-5 PM  
**Boccia AMB**  
 Single/Double  
 Cobo Hall B  
 7AM-11AM: 55-59  
 1 PM-5 PM: 85+, 80-84  
**Horseshoes AMB**  
 Cobo Hall A  
 7AM-11AM: 60-64  
 1 PM-5 PM: 75-79  
**Nineball**  
 Cobo Hall A  
 W/C 7AM-11AM: All Ages  
 AMB 1 PM-5 PM: 65-69  
**Table Tennis AMB**  
 Cobo Hall B  
 7AM-11AM: 70-74  
 1 PM-5 PM: 55-59  
**Shuffleboard AMB**  
 Cobo Hall A  
 7AM-11AM: 85+, 80-84,  
 75-79  
**5K Cycling**  
 Belle Isle  
 7 AM-1 PM: All Ages  
**Exhibition Racquetball**  
 Belle Isle  
 7 AM-3 PM: All Ages  
**Exhibition Rowing**  
 Belle Isle  
 9 AM-1 PM: All Ages  
**Exhibition Blind Disc**  
**Golf VI**  
 Belle Isle  
 7 AM-3 PM: All Ages  
**Health & Wellness**  
**Session**  
 Cobo Rm 321  
 9 AM-11 PM  
 2 PM-4 PM  
**Swimming AMB**  
 Wayne State Univ.  
 3 PM-7 PM All Ages

**Wednesday, July 13th**  
**Air Rifle**  
 Cobo Rm 310 A & B  
 7 AM-10 AM, 10:30 AM-  
 12:30 AM, 2 PM-5 PM  
**Boccia AMB**  
 Single/Double  
 Cobo Hall B  
 7AM-11AM: 70-74  
 W/C 1 PM-5 PM: All Ages  
**Horseshoes AMB**  
 Cobo Hall A  
 7AM-11AM: 65-69  
 1 PM-5 PM: 55-59  
**Nineball AMB**  
 Cobo Hall A  
 7AM-11AM: 55-59  
 1 PM-5 PM: 75-79  
**Table Tennis**  
 Cobo Hall B  
 W/C 7AM-11AM: All Ages  
 AMB 1 PM-5 PM: 60-64  
**Shuffleboard AMB**  
 Cobo Hall A  
 7AM-11AM: 60-64  
 1 PM-5 PM: 65-69  
**Badminton AMB**  
 Singles/Doubles  
 Wayne State Univ.  
 7AM-11AM: 85+, 80-84, 75-  
 79, 70-74  
 1 PM-5 PM: 65-69  
**Bowling AMB**  
 Thunderbowl  
 7 AM-Noon: 85+, 80-84,  
 75-79  
 1 PM-5 PM: 70-74, 65-69,  
 60-64, 55-59  
**Health & Wellness**  
**Session**  
 Cobo Rm 321  
 2 PM-4 PM  
**Javelin AMB**  
 Wayne State Univ.  
 1 PM-5 PM: All Ages  
**VCS Bingo**  
 Renaissance Ballroom,  
 Marriott Ren Cen  
 7 PM

**Thursday, July 14th**  
**Boccia AMB**  
 Single/Double  
 Cobo Hall B  
 7AM-11AM: 75-79  
 1 PM-5 PM: 65-69  
**Horseshoes AMB**  
 Cobo Hall A  
 7AM-11AM: 85+, 80-84  
 1 PM-5 PM: 70-74  
**Nineball AMB**  
 Cobo Hall A  
 7AM-11AM: 60-64  
**Table Tennis AMB**  
 Cobo Hall B  
 7AM-11AM: 65-69  
**Shuffleboard AMB**  
 Cobo Hall A  
 7AM-11AM: 70-74  
 1 PM-5 PM: 55-59  
**Badminton AMB**  
 Singles/Doubles  
 Wayne State Univ.  
 7AM-11AM: 60-64  
 1 PM-5 PM: 55-59  
**Bowling W/C & VI**  
 W/C Adapted  
 Skore Lanes  
 7AM-1PM  
**Shot Put AMB**  
 Wayne State Univ.  
 7AM-11AM: All Ages  
**Track AMB**  
 Wayne State Univ.  
 7AM-5 PM: All Ages  
 1500 m, 100 m, 400 m,  
 Powerwalk, 200 m, 800 m  
**Discus AMB**  
 Wayne State Univ.  
 1 PM-5 PM: All Ages  
**VICTORY Party**  
 Renaissance Ballroom,  
 Marriott Ren Cen  
 7 PM

### FROM YOUR LOCAL ORGANIZING COMMITTEE COORDINATOR



Welcome to my great hometown! I am so thrilled to be part of the 30th National Veterans Golden Age Games! Our staff has worked long and hard with the National Organizing Committee on these Games, and I know you will be thrilled with what we have in store for you. This will be an exciting week, and I look forward to meeting all of you and cheering you on as you participate in your events!

Please, let us know if we can help in any way, and enjoy your time in Motown!

Thank you for your service,

**Adam Stephens**, LOC Coordinator, 30th National Veterans Golden Age Games